

Garni Lo Scigno In Pescocostanzo (Aq)

In the historical centre of Pescocostanzo, at only 100mt far from the main town square, with an ideal location easy to reach both by car than by train (2 km of distance from the railway station), Garni Lo Scigno offers clients all the facilities for a pleasant and relaxing stay, far from the city rumours and traffic.

All these comforts staying in one of the most enchanting Italian village, also an ideal departure point for many tours and to discover all the Abruzzo's beauties.

Breakfast is served in a large and cosy chimney hall. At hosts disposal there is a reading room.



Accommodation

- o 6 elegant and cosy rooms
- o 1 room available for disabled people
- o rooms equipped with private bathroom (shower), hairdryer, frigobar, tv color, telephone and safe
- o parquet in all rooms and other spaces
- o a suite with 2 bathrooms is available with many facilities



Garni "Lo Scigno"

Piazza Manzi n° 5, 67033 Pescocostanzo (AQ)

(+39) 0864.642468 – (+39) 328.4715218

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www.lo-scrigno.net

Services

- room service for breakfast
- ski room to guard the clients' ski equipment
- bar
- internet point
- portorage



Pescocostanzo

Pescocostanzo is located in the "Altipiani Maggiori d'Abruzzo" area, at an altitude of 1400mt, among gorgeous and silent pastures, which are the natives reason of life.

The ancient center, bornt from a mix of cultures that during years, more on 1440 to 1700, left several examples of baroc and rinascimental monuments.

The artisanal tradition is still alive and is a real proof of the quality, experience and style coming from the past, as Tombolo (the making of lace pillow) and the working of wrought iron and watermarket.

Pescocostanzo, with its unique naturalistic profile, is the right proposal both in summer than in winter time.

- In summer there are a lot of chances for visitors as excursions to the Maiella Park and the closed little villages, biking throughout the table-lands, folkoristic feasts, concerts, exhibitions.
- In winter the Aremogna, situated at 5 minutes by car, is the best and well equipped mountain location of Italian center area (about 100 km of ski slopes). Also hosts can enjoy the ski tracks situated only 1 km far from Garni Lo Scrigno.



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Quarto Santa Chiara – National Reserve

This area is made by 485 hectares within the borough of Palena (CH). The altitude range goes from a minimum of 1073 mts in Fosso Grottignano to a maximum of 1729 mt in Serra Molione. The tree vegetation is mainly characterized by the Beech, the Turkey oak, and the White Hornbeam, in this environment there are both pastures and barren lands. This area is populated by some important faunistic species such as the Wolf from the Apennines, the Marsican Brown Bear, the Roe Deer, the Wild Cat and the Pine Marten; as far as birds are concerned there are some prey birds such as the Goshawk, the Sparrowhawk and the Buzzard, there are also some other birds such as the Long-eared Owl. The karstic plateau is characterized by Sedges of Euro-Siberian origin. Among the most interesting and rare plants some orchids need to be mentioned: *Dactylorhiza incarnata* and the Nodding Willowherb. There are also interesting migrant birds on the plateau: the Crane, the Greylag Goose, the White Stork. In the reserve one can only go on foot, along the marked tracks and in small groups guided by the responsible personnel. This area can be reached through the 8.8.84 that can be taken from the Piano delle Cinquemiglia or from the Valle dell'Aventino. A fascinating way to reach this reserve is to go by train. The arrival station is Palena on the railway line that goes from Sulmona to Carpinone and passes through the whole protected area.

Wood of S. Antonio – Regional Reserve

The Reserve of the Bosco di S. Antonio is 550 hectares wide, it is run by the town-hill of Pescocostanzo which is also the borough it belongs to. This reserve is a monument built by the nature and preserved by the man during the centuries; in fact, it is particularly interesting for the beauty of the secular trees but also for historical evidences. Wonderful landscapes can be seen all through the year thanks to the shape and the colours of the ancient Beeches, of the lofty Maples which are surrounded also by Wild Pear-trees, Yews, Turkey oak and Cherry tree. Among the flora there are some protected species such as the Gentian, the Paeonia and the rare *Epipactis purpurata*, this last one is an orchid that can only be found here and in Emilia Romagna. There is a large variety of birdlife. Among other birds it is possible to birdwatching the Collared Flycatcher, the Nuthatch, the Song Thrush, the Mystic Thrush, etc. Among the birds of prey there are the Sparrowhawk and the Buzzard. Crossed by the Roman street Via Minucia that used to connect Corfinio with Isernia, few meters away from the main road, the Bosco di S. Antonio is worth of a visit during any season. During wintertime, among the beautiful beech woods and the plateau located right below, there is one of the most beautiful tracks for

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cross-country skiing; in summertime, on the other hand, it is possible to go hiking or just rest and have a picnic.

Majella Orientale WWF Regional Oasis

Its territory has a high gradient (from 650 mts to 2700 mts) and it is 1700 ha on the Eastern side of the Majella, in the boroughs of Lama dei Peligni and Civitella Messer Raimondo in the province of Chieti. There are many different landscapes; from the oak wood to the beech wood, from the cliffs to the high altitude pastures. There is a number of caves caused by the carsick phenomenon the most famous are: the Grotta del Bue e dell'Asino and the Grotta del Cavallone that is located at 1475 mts of altitude along the cliffs of the Valle di Taranta, this one is among the most known calcareous caves of the Central Italy. "In the silence of the mountain with the wide mouth, green pastures wired shapes covered by the snow and moving clouds will appear to your eyes in all their beauty", this is how D'Annunzio (writer from Pescara of the early XX cent.) describes this area in his tragedy "La Figlia di Jorio" (Daughter of Jorio). In the different "rooms" that are opened to the public during the summer period, there are wonderful sceneries- that follow the one after the other. Also very diversified is the animal population of the area such as the Wolf from the Apennines and the Chamois of Abruzzo, among the Mammals the Golden Eagle, the Rock Partridge, the Peregrine, the Lanner falcon and the Snow Finch among the bird-fauna. A particular attention should be focused on the Chamois. In fact, it is the symbol of the reserve but it was also the "protagonist" of one of the most important preservation project that had been realized in Italy. Thanks to the cooperation with the National Park of Abruzzo a faunistic area had been organized, here a little herd of Chamois reproduces regularly. There are also many historical evidences: the ruins of a neolitical village where bones of a man (known as the Man of the Majella) lived 8000 years ago were found. The Reserve is run by the WWF and it is equipped with a Museum, a Visit Center, a Faunistic Area, a Botanic Garden, some paths, an educational itinerary, a Hostel and a Speleological Center.

Parco nazionale della Majella

www.parcomajella.it

Walking tours, horse riding, and mountain bike. Guided educational tours. Trekking. Photos. Natural areas for wild animals watching. Biking. Free climbing. Rafting. Canoe in the Aventino. Cross round tours in the tracks of Pescocostanzo, Passolanciano and Decontra. Mountain climbing. Ski.



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