

**La casa di Costanza a Scanno - albergo diffuso (AQ)**

house in typical mountain architecture, an elegant 18th century palace and a restaurant in the historical centre represent three different aspects of life in Scanno and offer three different ways to get to know one of the most attractive stone villages in the Appennines.

Here you will be received by Costanza, who has made the art of hospitality her profession.

La casa di Costanza (Costanza's home) provides bed and breakfast in a house furnished with family antiques. The buffet breakfast includes homemade yoghurt, cakes and jam, with your host there to assist you in person.

If you like, you can relax with a book by the big fireplace or sit in the sun on the terrace or in the garden.

Il Palazzo (The Palace) is a B&B converted from the rooms of one of the most important buildings in the historical centre, a stately town-house in the upper part of the village, not far from the Porta della Croce.

Ristorante Costanza e Roberto (Costanza and Roberto's restaurant) is a cosy place to eat, with a relaxing atmosphere, a perfect place to taste local dishes prepared with a touch of imagination.



**B&B "La casa di Costanza", via Napoli 27, tel. (+39) 0864 747821**  
**B&B "Il Palazzo", via Ciorla 25, tel. (+39) 0864 747860**  
**Ristorante "Costanza e Roberto", via Roma 15, tel. (+39) 0864 74345**  
**67038 Scanno (AQ) – Italia**

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### Accommodation

- o 7 rooms in La Casa di Costanza, 7 rooms in The Palace all with bedroom.
- o Hall with chimney
- o The buffet breakfast includes homemade yoghurt, cakes and jam, with your host there to assist you in person.
- o Half and full board

### Ristorante

Pasta alla chitarra, gnocchetti con le foglie, roast fillet of lamb, a vast selection of sheep's and goat's cheeses made in Scanno and homemade desserts are just some examples of the delicious food served here. Local specialities with a personal touch are combined with Costanza's products resulting in special meals exploiting seasonal ingredients. The wine list includes a choice of Italian and regional wines, with emphasis on small producers.

Relax at Scanno lake (swimming and sport) or visit to Anversa degli Abruzzi and other little towns.

### Scanno

The winding road up to Scanno offers exceptional views. In some parts it cuts through the rock; in others it has softer margins, passing through woods and meadows overlooked by the villages of Castrovalva, Villalago and Frattura, running over the dam on the River Sagittario and past the deep, heart-shaped lake with its blue waters and green reflections. Then, at last, the little town comes into sight, a mountain village 1,050 meters above sea level renowned for its lovely carved doorways and baroque balconies, the Renaissance churches of Sant'Antonio and Santa Maria in Valle and the Wool Museum (Museo della Lana), which reminds us that this was once a sheeping-farm area.

The town is also known to gourmets for its tasty cheeses and delicious "mostaccioli" made of almonds, must and chocolate covered in icing-sugar.

In Scanno, the local goldsmiths still continue their traditional craftsmanship with delicate skill.

In November, the picturesque bonfires are lit to celebrate "Le Glorie di San Martino".

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## Abruzzo To Europe

The photographs of Scanno by Cartier Bresson immortalized the stone alleyways and the women proudly wearing the traditional oriental-style costumes of the past, with narrow tops opening out like flowers into wide, richly-pleated skirts, crowned by turban-like headdresses.

Nature-lovers can go walking along the paths and lanes of the National Park of Abruzzo, Lazio and Molise or relax in the area surrounding the town. In winter you can enjoy the snow and in summer some people swim in the lake. Scanno is also a good base for excursions to other captivating little places, such as Anversa, whose praises were sung by the poet D'Annunzio, or the elegant town of Sulmona, where Ovid was born.



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