



Famous bee-keeping company in Villetta Barrea (AQ)

In the Abruzzo National Park, in the small town of Civitella Alfedena, 3 apartments are suitable for up to 4 persons each – Inside the bee-keeping company there are 20 fully equipped camping areas surrounded by nature- Didactic farm- Beekeeping museum with a historical section where you can see all materials and equipments used by beekeepers in the last 100 years- Beekeeping library which has many curiosities.

Apartment or Camping accommodation- Biological products tasting- Production and selling of monoflora honey, royal jelly, propolis, infusions, cosmetic.



The “L’Ape e l’Orso” company comes to life in 1978 in the land of bears, “L’Alto Sangro- Abruzzo National Park” and works in a healthy environment providing high quality products to consumer. And this challenge satisfied us that we often grapple with bears and it’s thanks to the bees presence, maintaining a healthy environment, that the bear and the whole natural environment can still survive.



Even if sometimes some beehives has been emptied of his honey by a bear we don’t care because we could say to have a great valuer of our production “compare orso”. So, when you find our honey-pot on your table and you open it you can smell the perfume of the mountain’s herbs, wildflower, melilotus, thyme, stachis, savory and siderites ...and above all you’d imagine that while bees are working, while they picking up the nectar, there are a bear, a wolf, a deer, a chamois or an eagle keeping them company.

Azienda Apistica L’Ape e l’Orso

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CIVITELLA ALFEDENA

According to territorial division of Italy, during Augustus' reign, Civitella Alfedena was included in the Fourth Region, under Samnites dominance. Although Civitella Alfedena is the most ancient town in the valley, it's still impossible go back to the date of his foundation. Many scholars believe it was erected in the place where is located right now, following the Alfedena's destruction during the wars in the 13th century. It's here where inhabitants would take refuge when they escaped from Alfedena. Other scholars believe that Civitella was the ancient and powerful town of Marsa "Fresilia", which was defeated in the year 450 of Rome by Marcus Valerius Maximus that took it away from Marsi and, eight years ago, by Postumius Megellus that therefore took it away from Samniums. According to the main and the most reliable theory, Civitella Alfedena is an advanced citadel, a famous tourist resort of the ancient town of Alfedena (Auphidená) that was home of the Saracens, Superiors Samnites, division of the ancient Etruscan people. In the area important remains have been found: bath complex, aqueduct and ambulatory about Saracens habits.

Superstitions, beliefs and popular cures

Beliefs and superstitions were very much alive. Our Civitella's ancestors believed in witches. The practice against witches, who visited sick children during the night, consisted in putting behind their home's door the "broom" and a small bag of proso millet: the "lamnía" (witch in local dialect) wouldn't be able to go in until she hadn't count all seeds and all broom's threads. So she couldn't enter because, meanwhile, night turned into day. According to a local belief if a pregnant woman ate meat from animal killed by a wolf, she had a child who she couldn't breastfeed. To prevent this from happening she had to eat meat bitten by wolf again. The local beliefs typical of the centre and south of Italy like witchcrafts and evil eye were deep-rooted and also the confidence that the oil fallen to the ground was prophecy of bad luck.

Nativity scene in the Village. The high part of the village, next to medieval buildings, is turned into a Life-size Nativity scene. Statues of crepe paper and hand-shaped represent scenes from ordinary life in the village at the end of the 19th century. It's reconstructed in all details and it will be possible, thanks to a wired wireless system, listening again dialect sentences and typical noises of craft activities: the smith, the farmer, the osteria full of diners, the stable and the fruit and vegetable store. It's a path which ends in the cavern of a medieval building where, in shelter of a cave, has been collocated the Nativity. The Nativity scene is open every day starting from 8th December until 6th January. Visiting hours: 17:30 a.m.-23:00 p.m. Entrance is free.



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Parco nazionale d'Abruzzo

Tours, Trekking. Birdwatching sui laghi. Biking. Mountain biking and other sports in the national Park of Abruzzo

www.parcoabruzzo.it



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